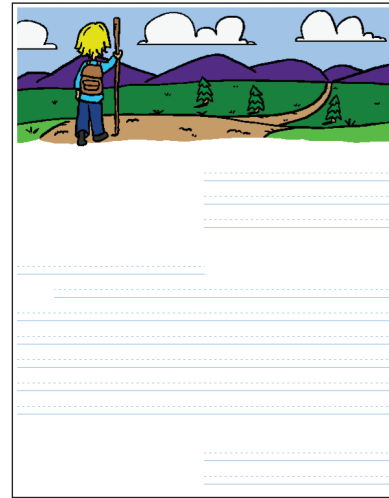


Thanks for the Help!

Goals

- To encourage students to reflect on their progress and appreciate how others helped
- To honor coaches, teachers, friends and family who support them
- To practice friendly letter and envelope formats
- To practice writing skills



Overview: Students write a thank you letter to a coach, teacher, mentor, teammate, or friend who helped them.

Materials

- “Thank You Letter” and “Thank You Envelope” templates. Alternately, students can choose their own borders and select the friendly letter and envelope formats.
- Optional: Printed copies of a variety of borders using the friendly letter and envelope formats

Directions

1. Ask students how coaches, teachers, teammates, family, and friends help them with their sports, exercise or fitness activities. Discuss different ways people support us - coaching, driving us to events, attending games or competitions, encouraging us, etc. Ask every student to think of at least one person who has supported him or her. If students are not involved in any fitness activities, suggest they think of someone who has supported them in another way.
2. Tell students they will write friendly letters to thank people who help them. Distribute printed copies of the “Thank You Letter” template or open Stationery Studio and project the letter on a screen. Review the parts of the friendly letter. If possible, work collaboratively as a class to write a sample friendly letter.

3. Have students use the “Thank You Letter” template to write their letters. When students are finished, show them how to fold the letter in three.
4. Distribute printed copies of the “Thank You Envelope” template or project the template on a screen. Review the parts of the envelope format. If possible, address a sample envelope as a class.
5. Have students use the “Thank You Envelope” template (or any vertical border formatted as an envelope) to address their letter. If there are triangular sections at the top of the envelope design, have students cut or fold them back. Then have students fold the envelope in three with the design side out.
6. Have students place their folded letters inside their envelopes and seal with tape or stickers. Let them hand deliver or stamp and mail.

Stationery Studio Extensions

- Send a letter to a sports team, player, or performer requesting a picture or poster for your classroom or home.
- Use the Trophy or another border to create an award for someone who supports you.
- Make a fold-over note. Print any vertical border using the letter format and then reinsert the sheet and print the same design using the envelope format on the other side. (Be sure to insert the top of the page first.) Fold to create an all-in-one fold-over note. These notes work best when printed on heavy stock paper.